

WOUND CARE

Please follow these directions to minimize infection and possibility of scar:

- Clean the site with **warm soapy water** every day.
- Apply either **Vaseline** or **Polysporin** to the biopsy site. Please refrain from Neosporin since 10-15% of people are allergic to Neosporin.
- Apply a band-aid to the site until the area heals
- If a scab forms, please soak the area with warm water until the scab softens and comes off. Then apply ointment and band-aid as before. Scab formation can increase the risk of scarring.
- Some people develop irritation from the band-aid. To minimize this:
 - rotate the band-aid to different areas of the skin with each application
 - Use paper tape and gauze
 - Try the clear band-aids, or Band-Aid brand advanced healing band-aids
- Once the site has healed and there is no more oozing or crusting, you may discontinue the ointment and band-aid. The area will remain pink for a while as the site continues to heal.